

L.D.B. 11/80 (29)

FOOD ACT, NO. 26 OF 1980

REGULATIONS made by the Minister of Health, Nutrition and Indigenous Medicine, under section 32 of the Food Act, No.26 of 1980, in consultation with the Food Advisory Committee.

Dr. Rajitha Senarathna

Minister of Health, Nutrition and Indigenous Medicine.

Colombo, 2018

Regulations

1. These Regulations may be cited as the Food (Colour Coding for Sugar, Salt and Fat) Regulations 2018.

2. (1) No person shall sell, offer for sale, **keep for sale**, distribute or advertise any solid, semi solid or liquid food which contains—

(a) **an** amount of sugar specified in Part A of the Schedule I hereto or more; or

(b) **an** amount of salt specified in Part B of the Schedule I hereto or more; or

(c) **an** amount of fat specified in Part C of the Schedule I hereto or more,

unless such food is labeled in the manner as specified in these regulations.

(2) Where any solid, semi solid or liquid food has to be reconstituted before consumption as per the directions specified in the label of the container of such food and such solid, semi solid or liquid food upon being reconstituted contains an amount of sugar or salt or fat specified in Schedule I hereto or more than such amount, such food shall be labeled in the manner as specified in 3, 4, 5 or 6 regulation hereof, as applicable.

3. (1) Where –

- (a) any solid or semi solid food contains the amount of sugar specified in Column I of Part A of Schedule I hereto or exceeding such amount, **the label of** the container or the package which contains such food shall have the logo specified in Column I of Part A of Schedule II hereto; and
- (b) any liquid food contains the amount of sugar specified in Column II of Part A of Schedule I hereto or exceeding such amount, **the label of** the container or the package which contains such food shall have the logo specified in Column II of Part A of Schedule II hereto.

(2) Such logos shall adhere to the following:-

- (a) **shall have the diameter of not less than 2 cm;**
- (b) **shall be in red colour with the tone , Red 230;**
- (c) **shall be as shown in Part A of Schedule II hereto, with a white background; and**
- (d) (i) **a description of the sugar level shall be as specified in Column II of Part A of Schedule I hereto and shall be displayed within the logo in Sinhala, Tami and English languages respectively in bold white and shall be of minimum 2 mm font size; and**

- (ii) a numeric description of the sugar content in such food within the logo and the logo shall be of minimum 1.5mm font size in bold white.

4. (1) Where –

- (a) any solid or semi solid food contains the amount of salt specified in Column I of Part B of Schedule I hereto or exceeding such amount, **the label of** the container or the package which contains such food shall have the logo specified in Column I of Part B of Schedule II hereto; and
- (b) any liquid food contains the amount of salt specified in Column II of Part B of Schedule I hereto or exceeding such amount, **the label of** the container or the package which contains such food shall have the logo specified in Column II of Part B of Schedule II hereto.

(2) Such logos shall adhere to the following:-

- (a) **shall have the diameter of not less than 2cm;**
- (b) **shall be in red colour with the tone , Red 230;**
- (c) **shall be as shown in Part B of Schedule II hereto, with a white background; and**
- (d)
 - (i) **a description of the salt level shall be as specified in Column II of Part B of Schedule I hereto and shall be displayed within the logo in Sinhala, Tami and English languages respectively in bold white and shall be of minimum 2mm font size; and**
 - (ii) **a numeric description of the salt content in such food within the logo and the logo shall be of minimum 1.5mm font size in bold white.**

5. (1) Where –

- (a) any solid or semi solid food contains the amount of fat specified in Column I of Part C of Schedule I hereto or exceeding such amount, **the label of** the container or the package which contains such food shall have the logo specified in Column I of Part C of Schedule II hereto; and
- (b) any liquid food contains the amount of fat specified in Column II of Part C of Schedule I hereto or exceeding such amount, **the label of** the container or the package which contains such food shall have the logo specified in Column II of Part C of Schedule II hereto.

(2) Such logos shall adhere to the following:-

- (a) **shall have the diameter of not less than 2cm;**
- (b) **shall be in red colour with the tone , Red 230;**
- (c) **shall be as shown in Part B of Schedule II hereto, with a white background; and**
- (d)
 - (i) **a description of the fat level shall be as specified in Column II of Part C of Schedule I hereto and shall be displayed within the logo in Sinhala, Tami and English languages respectively in bold white and shall be of minimum 2mm font size; and**
 - (ii) **a numeric description of the fat content in such food within the logo and the logo shall be of minimum 1.5mm font size in bold white.**

6. Where any solid, semi solid or liquid food qualifies for more than one logo the corresponding logos shall be displayed **in close proximity to each other** in the main panel of the container or package which contains such food:

Provided however, where the relevant logos cover more than 25% of surface area of the main panel of the container or package of such food, such logos shall be displayed in the dispenser pack.

7. The provisions of these regulations shall not apply to:-

(a) any primary agricultural product; or

(b) any solid, semi solid or liquid food contains or exceeds an amount of sugar or salt or fat specified in Schedule I hereto which is manufactured on or before
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8. Food (Colour Coding for Sugar levels) Regulations 2016 published in *Gazette Extraordinary* No. 1965/18 of May 3, 2016 are hereby rescinded without prejudice to anything lawfully done thereunder.

9. In these regulations, unless the context otherwise requires-

“fat” means total fats contained in fatty acid, in the form of triglycerides;

“primary agricultural products” includes cereals, pulses, vegetables, fruits, oil, salt, sugar, meat, fish, milk and eggs;

“sugar” means total sugar contained in food, in the form of monosaccharides and disaccharides;

“salt” means total salt contained in food, in the form of Sodium Chloride (NaCl); and

“main panel” means the part of the label which is most likely to be displayed, presented, shown or examined under customary conditions of display for retail sale.

Schedule I

PART A

Total Sugar

	Column I sugar content	Column II sugar level	Column III colour code
Solid or semi-solid food	more than 22g/ 100g	high sugar	Red
liquid food	more than 8g/ 100ml	high sugar	Red

PART B

Total Salt

	Column I salt content	Column II salt level	Column III colour code
Solid or semi-solid food	more than 1.50g/ 100g	high salt	Red
liquid food	more than 0.75g/ 100ml	high salt	Red

PART C



Total Fat

	Column I fat content	Column II fat level	Column III colour code
Solid or semi-solid food	more than 17.50g/ 100g	high fat	Red
liquid food	more than 8.75g/ 100ml	high fat	Red


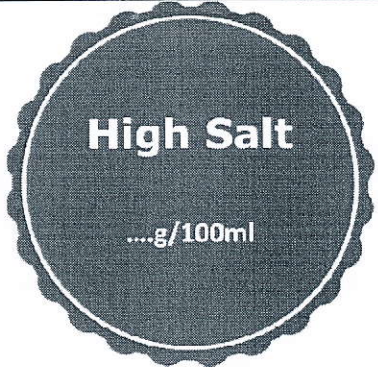
Schedule II

PART A

Logos for sugar

Column I Logo for solid or semi solid food	Column II Logo for liquid food
	

PART B
Logos for salt

Column I	Column II
s Logo for olid or semi solid food	Logo for liquid food
	

PART C
Logos for fat

Column I	Column II
Logo for solid or semi solid food	Logo for liquid food
